The Salesian Academy of St John Bosco
Netherton Way
Bootle
Merseyside
L30 2NA

Headteacher: Mrs Sue Bourgade

October 2026

Dear Parents and Carers,

As we begin the new 2026/2027 academic year, we would like to take this opportunity to share some information about our Personal, Social, Health and Economic (PSHE) education programme.

PSHE education plays an important role in supporting pupils' personal development, wellbeing and preparation for life now and in the future. It is the curriculum subject that gives young people the knowledge, understanding, strategies and practical skills to live safe, healthy and productive lives to meet their full potential.

As part of PSHE education, we deliver Relationships, Sex and Health Education (RSHE) in line with the DfE statutory requirements. RSHE is designed to be age-appropriate, inclusive and respectful, and teaching takes place in a safe and supportive learning environment, underpinned by our school ethos and values.

We encourage all parents and carers to read our RSHE policy, which is available on the school website in the policies section.

This policy includes:

- Our definitions for Relationships and Sex Education, how it is taught and who is responsible for teaching it
- How pupils' questions are handled in the classroom
- How parents can view curriculum materials
- The process for parents to request withdrawal from all or some elements of sex education, in line with statutory guidance
- How content is made accessible to all pupils, including those with special educational needs or disabilities (SEND).

PSHE curriculum and materials

An overview of our PSHE education curriculum, along with examples of teaching materials used in lessons, can also be found on our website in the **Personal Development** section.

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This provides further detail about what pupils will learn in each year group and how some topics are approached.

Questions or queries

We recognise that parents and carers may have questions about PSHE education. If you would like to discuss any aspect of the curriculum, policy, materials or teaching methods, please contact the school office in the first instance and your query will be directed to the appropriate staff member.

We value working in partnership with parents and carers and appreciate your continued support in helping our pupils grow into confident, healthy and respectful young people.

Yours sincerely

J Welsh

Mrs J Welsh
Personal Development Lead